

Thm If x & y are any two vectors in a n.s. (5)

$$(i) \|x+y\|^2 + \|x-y\|^2 = 2\|x\|^2 + 2\|y\|^2$$

This is known as Parallelogram Law

$$(ii) 4(x,y) = \|x+y\|^2 - \|x-y\|^2 + i\|x+iy\|^2 - i\|x-iy\|^2$$

This is known as Polarisation identity.

Pf (i) we have \rightarrow

$$\begin{aligned} \|x+y\|^2 &= (x+y, x+y) \\ &= (x, x+y) + (y, x+y) \\ &= (x, x) + (x, y) + (y, x) + (y, y) \\ &= \|x\|^2 + (x, y) + (y, x) + \|y\|^2 \rightarrow (1) \end{aligned}$$

Also,

$$\begin{aligned} \|x-y\|^2 &= (x-y, x-y) \\ &= (x, x-y) - (y, x-y) \\ &= (x, x) - (x, y) - (y, x) + (y, y) \\ &= \|x\|^2 - (x, y) - (y, x) + \|y\|^2 \rightarrow (2) \end{aligned}$$

Adding (1) & (2), we get \rightarrow

$$\|x+y\|^2 + \|x-y\|^2 = 2\|x\|^2 + 2\|y\|^2$$

which is reqd parallelogram law.

(ii) Subtracting (2) from (1), we get \rightarrow

$$\|x+y\|^2 - \|x-y\|^2 = 2(x, y) + 2(y, x) \rightarrow (3)$$

Replacing y by iy in (3), we get

$$\begin{aligned} \|x+iy\|^2 - \|x-iy\|^2 &= 2(x, iy) + 2(iy, x) \\ &= 2i(x, y) + 2i(y, x) \\ &= -2i(x, y) + 2i(y, x), \quad \therefore \bar{i} = -i \end{aligned}$$

→(4)
multiplying both sides of (4) by \bar{i} , we get —

$$\begin{aligned} i\|x+iy\|^2 - i\|x-iy\|^2 &= -2i^2(x, y) + 2i^2(y, x) \\ &= 2(x, y) - 2(y, x), \quad \therefore i^2 = -1 \end{aligned}$$

→(5)
Adding (3) + (5), we get —

$$\|x+y\|^2 - \|x-y\|^2 + i\|x+iy\|^2 - i\|x-iy\|^2 = 4(x, y)$$

which is called polarization identity.

Ex-1 If L is an IPS, then to show that $\sqrt{(x, x)}$ has the properties of a norm.

Soln Given that L is an IPS.

we write $\|x\| = \sqrt{(x, x)}$

Now to show that $\|x\|$ satisfies all the properties of norm i.e. (i) $\|x\| \geq 0$ & $\|x\| = 0 \iff x = 0$

(ii) $\|\alpha x\| = |\alpha| \|x\|$

(iii) $\|x+y\| \leq \|x\| + \|y\|$

(i). By defn $\|x\| = \sqrt{(x, x)} \implies \|x\|^2 = (x, x)$

Now by defⁿ of inner product, $(x, x) \geq 0$
& $(x, x) = 0 \iff x = 0$

$\therefore \|x\| \geq 0$ & $\|x\| = 0 \iff x = 0$

(ii) we have -

$$\|\alpha x\|^2 = (\alpha x, \alpha x)$$

$$= \alpha (x, \alpha x)$$

$$= \alpha \bar{\alpha} (x, x) = |\alpha|^2 \|x\|^2$$

$$\|\alpha x\|^2 = |\alpha|^2 \|x\|^2$$

$$\Rightarrow \|\alpha x\| = |\alpha| \|x\|$$

(iii) we have -

$$\|x+y\|^2 = (x+y, x+y)$$

$$= (x, x) + (x, y) + (y, x) + (y, y)$$

$$= \|x\|^2 + (x, y) + \overline{(x, y)} + \|y\|^2$$

$$= \|x\|^2 + 2 \operatorname{Re}(x, y) + \|y\|^2 \quad \because \alpha + \bar{\alpha} = 2 \operatorname{Re}(\alpha)$$

$$\leq \|x\|^2 + 2 |(x, y)| + \|y\|^2, \quad \because \operatorname{Re}(\alpha) \leq |\alpha|$$

$$\leq \|x\|^2 + 2 \sqrt{(x, x)} \sqrt{(y, y)} + \|y\|^2$$

, using Schwarz inequality

$$|(x, y)| \leq \sqrt{(x, x)} \sqrt{(y, y)}$$

$$= \|x\|^2 + 2 \|x\| \|y\| + \|y\|^2$$

$$= (\|x\| + \|y\|)^2$$

$$\therefore \|x+y\|^2 \leq (\|x\| + \|y\|)^2$$

$$\Rightarrow \|x+y\| \leq \|x\| + \|y\|$$

(Proved)